

Peace - by Dorothy Hunt

Do you think peace requires an end to war
or tigers eating only vegetables?
Does peace require an absence from your boss, your
spouse, yourself?
Do you think peace will come some other place than
here?
Some other time than now?
In some other heart than yours?
Peace is this moment without judgment
that is all.
This moment in the heart-space where everything
that is, is welcome.

Peace is this moment without thinking that it should
be some other way
That you should feel some other thing
that your life should unfold according to your plans.
Peace is this moment without judgment.
This moment in the heart-space where everything
that is, is welcome.

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